



ACROSPIRIT CODE OF CONDUCT

The following code of conduct applies to all facilitators, teachers and participants at any AcroSpirit organized events, if any of these codes of conduct are violated or broken, the event facilitators will respond by taking appropriate steps and actions (this may involve direct communication, a warning system, removal from the event, and potential blacklisting from future AcroSpirit events).

CODES OF CONDUCT



Safety - Acroyoga involves risks, whilst these cannot be completely eliminated, we encourage using appropriate safety measures and practices whenever possible. Repeated incidents of unsafe practice or putting others at significant safety risks will not be tolerated.



Boundaries & Consent - We expect everyone to respect other people's boundaries and consent, by accepting a response without coercing, shaming or other abusive or manipulative language.



Inclusivity - We aim to make participants of all nationalities, genders, body types and backgrounds feel welcome and able to participate in our events. We do not tolerate discrimination e.g. racism, sexism, body shaming etc.



Respect - We respect all different cultures, backgrounds and perspectives, as long as these do not negatively impact another aspect of the code of conduct. Disrespect or intolerance/abuse of others cultures and backgrounds is not tolerated.



Drugs and Alcohol - We have a zero tolerance policy for practicing acroyoga under the influence of drugs, and alcohol, or any other substances that negatively impact your physical and mental state.



Sexual Harassment - We have a zero tolerance policy on sexual harassment/assault. All sexual harassment complaints will be dealt with appropriately and will remain confidential unless such confidentiality affects the ability to maintain a safe environment.

ETTIQUETTE



Community - Please be aware that you are part of a community practice, and your actions, communication, decisions and interactions may have an impact on others in the community. We encourage you to have a positive influence on this community you are a part of.



Hygiene - Acroyoga is a close and personal activity, please be aware of your general hygiene and have respect for those you are interacting with. Please be mindful of your nails, breath, sweat, hair, smell and general cleanliness.



Clothing - Please wear appropriate clothing for an acroyoga practice. For safety and respect wear clean and well fitted clothing that covers all private parts.



Cleaning Up - Please make sure to clean up after yourself, wipe your sweat off of mats, clear away and store safety equipment and return the space back to the same state you found it in.